



BUNDABERG DISTRICT WOMEN VETERANS
Formed 1967 as: BUNDABERG & DISTRICT EX SERVICEWOMEN'S ASSOCIATION

Chests Out

Women Veterans, proud to have served our nation.
04/2024 APR



REMEMBERING SERVICEWOMEN

Patron Leone Wilson OAM (roll call 23-24),
Vice President Jenny Waldron (wreath layer),
President Sheryl Parker (MC)

CHESTS OUT—proud female veterans staying in touch for 57 years

Association Information

POSTAL ADDRESS: PO Box 397 Bundaberg Qld 4670

PHYSICAL ADDRESS: 4 Glasgow St, Svensson Heights Qld 4670

WEBSITE: <https://bundywomenveterans.org.au> **FACEBOOK:** Bundaberg District Women Veterans Inc

E-MAIL ADDRESSES: secretary@bundywomenveterans.org.au

admin@bundywomenveterans.org.au (enquiries) <> wellbeing@bundywomenveterans.org.au
events@bundywomenveterans.org.au

BUSINESS INFORMATION: Incorporation IA13064 NFP Charity ABN 78362718229 Public liability Insurance Miramar -132848-Q \$20M
See website for constitution, by laws, business plan and other important documents.

MEMBERSHIP:: Service Member \$10; Associate \$15 per year. You may pay for more than one year. Please be sure to alert treasurer of your transfer of money. Your secretary has a record of your advance payments—contact her to check your status.

Financial year: 1Jan to 31Dec. See website 'about us' for eligibility and to download an application form

Bundaberg District Women Veterans

COMMITTEE 2024-25

Patron: Leone Wilson OAM

EXECUTIVE MEMBERS

President: Sheryl Parker 0423 393 151
sherylwoz@gmail.com

Vice Pres.: Jenny Waldron 07 4157 4621 0487 302 114
jenny.waldron@outlook.com

Secretary: Faye Chatham 0419 194 701
bundywv@outlook.com

Treasurer: Sharon Barsby 07 4157 4621 0428 570 014
sharonbarsby1@outlook.com

COMMITTEE MEMBERS

Angella Hillis CSC 0400 422 331
hillis.wa@gmail.com

Kay Littler 07 4159 1881 0427 695 167
(Assistant Treasurer) pdk7@dodo.com.au

Annette Newsham 0407 581 935
annettenewsham@yahoo.com.au

Lynne Pollock 07 4151 7795 0438 517 795
lynne.pollock21@outlook.com

Leone Wilson OAM 07 4159 4134 0427 415 946
(Assistant Secretary) leonewilson@outlook.com

Who to contact:

Financial issues:	Treasurer
Membership:	Secretary/Assist Secty or President
Activities:	Activities Officer
Bookings:	as advertised or Treasurer
Outback 2024 tour:	Jenny Waldron or Lorraine Houlihan
Policy, Procedures	Jenny Waldron or Leone Wilson
Strategic Planning	President

General Appointments

Activities:	Jenny Waldron + Glenda Everton-Brocklesby, Dot Carrol.
Assist. Secty	Leone Wilson, + Jeannie Roberts
Awards:	President, Vice Pres, Shirley Watson, Leone Wilson
Commemorations:	Angella Hillis+ Jenny Waldron, Dot Carroll
Communications & Promotions:-	Leone Wilson
Financial Auditors	Kay Littler, Lynne Pollock
Fundraising:	Sharon Barsby + Lynne Pollock, Kay Littler
Grants:	Jenny Waldron, Kay Littler, Sharon Barsby
History:	Leone Wilson
Legacy Liaison:	Angella Hillis, Lynne Pollock
Library:	Annette Newsham, Dot Carroll
Newsletter :	Leone Wilson + Jeannie Roberts
OnO coach 2024	Jenny Waldron, Lorraine Houlihan
Property Officer:	Lynne Pollock + Sharon Barsby
RSL Liaison	Dannielle Brearley + Gloria Kilpatrick
Social Media:	Jeannie Roberts, + Jenny Waldron
Ten Pin Bowls:	Lynne Pollock
Website:	Jenny Waldron + Faye Chatham

Wellbeing Support Officers (WSO):

Ethel Bourke (<i>The Lakes Village</i>)	0428 881 487
Jenny Waldron	4157 4621
Shirley Watson (<i>Pioneer South</i>)	0408 460 951
Leone Wilson (Wellbeing Officer)	4159 4134

Current Life Members

Leone Wilson OAM
Shirley Watson
Kay Derome
Jennifer Waldron
Sharon Barsby

HOW TO PAY:

Electronic Funds Transfer & Direct Deposits:

Bundaberg District Women Veterans Inc. Westpac Bundaberg: **BSB 034122 A/c 637419**

PLEASE INFORM SECTY or TREAS.

CASH: You can pay cash at a meeting—Please assist the Treasurer by having the correct money.
If you need a receipt let the treasurer know.

Behind the news, Apr

GENERAL MEETING

Members welcomed the new committee to its first set of MC and GM meetings in April. With a couple of lighter months ahead, settling in should become easier.

The new meeting timing seemed to work for most members in attendance. Reading and questioning agendas ahead of the meeting should help keep business flowing and allow members to enjoy the social time that normally follows.

We appreciate the personal commit-

ments of our executive, committee and members must come first and making arrangements that suit everyone is not easy.

New seating arrangements were trialed and input from members is always welcome. Shirley did manage to get you all in the photo!

ACTIVITIES

We have reached that time of year when we are looking beyond Anzac Day. The next two activities are our day trip to Sunny Coast and our birthday luncheon.

Please check pages 6 and 7—and note the venue for our birthday is

the Old Bundy Tavern cnr of Quay and Tantitha Streets.

Line dancing gets underway next month and the ten pin bowlers continue to gather in increasing numbers on the last Monday of the month.

Please check the clipboards each time you visit the Lodge to ensure you have put your name down and made any relevant payments for those activities that require booking.

Cuppa chat is your next opportunity to do this—and when visiting the Lodge, don't forget your gold coin to assist Legacy.

COMMERATIONS

The Quiet Moment for 2024 coincided with a burst of sunny conditions which fortunately lasted long enough for our short tribute.

Thank you to all photographers who have contributed to the pictorial record of this very important event.

I had the honour to read the names of those members who sadly left us over the last 12 months.

These were members who helped shape our association and they deserve to be remembered well beyond our tributes.

Anzac day will be featured in the May issue. Once more, photos would be welcomed by me and also Jeannie for Facebook.

LINE DANCING BEGINNING 8 MAY

To all participants, best wishes for a fun activity. The exercise is all about movement and enjoyment and if you can manage some coordination as well then jolly good.

VISIT BY CARLA EDWARDS

Photojournalist Carla Edwards followed up on the invitations circularised to members electronically and published in *Chests Out*, with a visit to our area.

With assistance from Sonya Leijen who provided accommodation and facilities, Carla held a number of photo sessions and interviews.

Thanks to Carla and the members that participated in her 'Her story' project, and thanks to Sonya and those who assisted in coordinating the visit.

FIRST AID AND SAFETY EQUIPMENT

Thanks to DVA (Qld) for providing finance to purchase a fire blanket and a first aid kit for the Lodge. Also to Treasurer Sharon for procuring these items.

Please familiarise yourself with the

location of both items.

A grant application has been lodged for funding a defibrillator plus other Lodge equipment.

First aid training is being organised by Legacy and will include the use of a defibrillator. Angella Hillis will notify us when the training will be held.

WELLBEING

All sorts of things seem to be dogging a proportion of our members but one can hope that you are all on the improve or at least, headed in the right direction for some long term relief.

The association is mindful that our team of volunteers is much reduced and each has their share of things to deal

with, however, the support most members receive through the general friendship channel is still happening and remains the backbone to our wellbeing program. Looking out for your mate is a precious gift.

Take care.

Leone

Hervey Bay shares Friendship Apr

A friend is one who knows all about you and loves you just the same.

All of our activities need to be
SMELLS-free

Perfumes, aftershaves and other strong smelling products affect the health of many members. Please do not wear scented products to meetings or other activities, even outdoor activities.

THANK YOU

So that we can
honour you!

If you wish your service to your country to be recognized at your funeral, you need to let your funeral director or your family know. It is your family who ask the funeral director to arrange to have the poppy tribute. Our association cannot interfere.

INFECTIOUS

*A genuine smile—
one that reaches your eyes—
is infectious.*

PLEASE SPREAD WIDELY

Our association practices support through friendship—if you just need to talk to someone, call any committee, wellbeing support officer or association member.

Don't bottle it up! You are important to us.



**Mothers Daughters Wives
Volume Two \$30**

Queen's Jubilee

Mugs—badged 'Association'

\$10 ea.

MEMBERSHIP BADGES—\$10

SEE SHARON



**Your gold coin
donation made
when attending the
Lodge, supports
our generous
landlord,**

Bundaberg Legacy.

The (Legacy) Lodge

LIBRARIES

SPECIAL BDWV LIBRARY

The association's collection of books is available for members to read onsite—they are one only copies and we can't afford to lose them.

This special library which is housed in the store room includes:

- MDW vol one and two
- Special Chests Out, Vol One and Two
- Commemorative booklets
- Chests Out's.

Please feel free to have a read when visiting the Lodge. But do not remove from the building—thank you.

SWAP LIBRARY

These books, DVDs and jig saws are for you to borrow. You may donate books/jigsaws.

Returning after enjoying allows another member to borrow.

ON LOAN LIBRARY

please book out and in!

Two 'sign out' books are available for when borrowing RSL's library books or Member Owned books, jigsaws or DVD's.



HOSPITAL AND HOME VISITORS NEEDED

Bundaberg's Community of Practice is seeking volunteers from ESO's (ex service organisations), to be a contact who may be able to visit a veteran who resides in the volunteer's area. If you are able to assist, please notify Sheryl Parker or Faye Chatham, or direct to Rudy Valzan. You will need to let them know which area you are happy to assist covering.

WELLBEING SUPPORT OFFICERS NEEDED

WSO's are also needed to check in on fellow members. Contact Leone Wilson.

Wellbeing Activities

All of our activities are for the wellbeing of members.



TEN PIN BOWLS

Last Monday—all welcome

Meet in café area at 1030 for 1100 Hrs start. Stay for a social lunch (optional). First timers, contact Lynne Pollock 0438 517 795

SUPER SATURDAY

1130 Hrs all Saturdays in May
at the Bundy Services Club

RAISING FUNDS AND HAVING FUN

This is a proven social gathering with some members doing a little work and the rest enjoying the company.

We also promote our association.



LINE DANCING

Weekly, commencing 8 May

Instructor Chris will help you to enjoy this healthy fun experience.



71 High Street, Walkervale

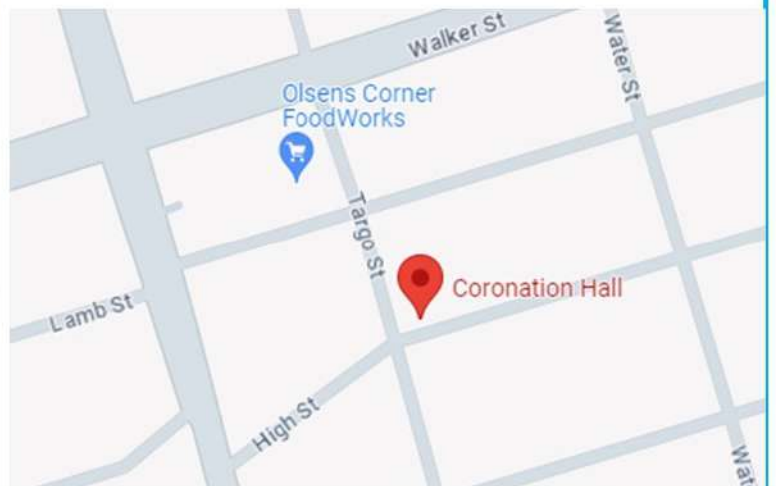
Funding provided by Dept of Veterans Affairs,
Queensland.

\$2 donation per session per participant.

WEDNESDAYS

1200-1300 Hrs (noon to 1pm)

Coronation Hall (airconditioned),




UPCOMING ACTIVITIES 2024



CUPPA CHAT

FIRST WEDNESDAY OF THE MONTH Informal get together at the Lodge from around 1030 Hrs to 1130 Hrs
Arrive and depart as you wish. Bring a plate (optional).
NB variations: Sep Tom Quinn; November High Tea @ Stained Glass

SUNSHINE COAST DAY TRIP

COACH TO SUNNY COAST FOR SCESSWA LUNCHEON 6 JUN RSVP 4 MAY 
Depart Bundy Coaches 0700 Hrs with estimated return of 1800 Hrs.
Coach travel and luncheon: Members \$70, Guests \$95. Theme is 'Celebrate Queensland Day'

BDWV 57TH BIRTHDAY LUNCHEON

OLD BUNDY TAVERN, QUAY STREET 15 JULY, PIXIES & PIRATES—RSVP 3 JUL
Members \$30, Guests \$40

PICNIC IN THE PARK

BUNGADOO COUNTRY COTTAGE, SUNDAY 21 JULY 1130 HRS. RSVP 11 JUL
Members and family welcome. Sharon & Jenny cooking pizzas for all— numbers needed.

TEN PIN BOWLS

LAST MONDAY JAN-NOV—FUN ACTIVITY—NO SKILL NEEDED (OR USED!) 1000 FOR 1100 HRS
Healthy exercise with mates and plenty of laughs. Everyone is a winner.
Bundaberg Bowl & Leisure Centre, Lester Street. Book with Lynne Pollock 0438 517 795

LINE DANCING

WEDNESDAYS FROM 8 MAY—FUN ACTIVITY—LEARN AS YOU GO—1200 TO 1300 HRS
More healthy exercise with mates and plenty of laughs.
Coronation Hall, 71 High St, Walkervale. Sponsored by DVA Queensland—cost for participants \$2 each per session.

SUPER SATURDAY

EVERY SATURDAY, JANUARY and MAY
Bundaberg Services Club—Arrive 1130. Social get-together whilst raising funds for the association.

OUTBACK 'N' OCEAN BUS TRIP AUGUST 2024 * 11 DAYS

Departs 10 Aug. Expressions of interest for the waiting list may be sent to Jenny Waldron.

DAY TRIP

Details to be advised—watch this space

ARTY CRAFTY

LATE October or early November—watch this space

CHRISTMAS LUNCHEON

18 NOV—Details to be advised—watch this space

2025

Norfolk Island in 2025—Annette Newsham

Cruising 2025—Gloria Kilpatrick

*Details including options are available on two 'expressions of interest' sheets at the Lodge
Select your preferences and add your expression of interest to help forward planning*

ACTIVITY BOOKINGS

The easy way is via the clipboards at the Lodge.
*All bookings are to be confirmed by payment (see page 2 for payment options).
Watch for any updates to these activities.*

OUR DIARY 2024



NB: The full calendar Jan-Dec is available to download from our website.

APR	Mon	29	Ten Pin Bowls	Bundy Bowl & Leisure Centre, 1030 for 1100 Hrs
MAY	Wed	01	Cuppa Chat	Lodge from 1030 Hrs
MAY	Sat	04	Super Saturday	Bundaberg Services Club from 1130 Hrs
MAY	Wed	08	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
MAY	Sat	11	Super Saturday	Bundaberg Services Club from 1130 Hrs
MAY	Wed	15	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
MAY	Sat	18	Super Saturday	Bundaberg Services Club from 1130 Hrs
MAY	Mon	20	Meetings	Lodge, Committee 1200 Hrs (all welcome), General 1300 Hrs
MAY	Wed	22	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
MAY	Sat	25	Super Saturday	Bundaberg Services Club from 1130 Hrs
MAY	Wed	29	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
MAY	Mon	27	Ten Pin Bowls	Bundy Bowl & Leisure Centre, 1030 for 1100 Hrs
JUN	Wed	05	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
JUN	Wed	05	Cuppa Chat	Lodge from 1030 Hrs
JUN	Thu	06	Day coach trip	Sunshine Coast for SCESWA luncheon Dep 0700 Hrs Ret c1800 Hrs
JUN	Wed	12	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
JUN	Mon	17	Meetings	Lodge, Committee 1200 Hrs (all welcome), General 1300 Hrs
JUN	Wed	19	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
JUN	Mon	24	Ten Pin Bowls	Bundy Bowl & Leisure Centre, 1030 for 1100 Hrs
JUN	Wed	26	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
JUL	Wed	03	Cuppa Chat	Lodge from 1030 Hrs
JUL	Wed	03	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
JUL	Wed	10	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
JUL	Mon	15	Birthday Luncheon	Old Bundy Tavern M \$30 G \$35 RSVP 3 Jul
JUL	Wed	17	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
JUL	Sun	21	Picnic in the Park	Bungadoo—Pizzas at Jenny and Sharon's private park, 1130 Hrs
JUL	Wed	24	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
JUL	Mon	29	Ten Pin Bowls	Bundy Bowl & Leisure Centre, 1030 for 1100 Hrs
JUL	Wed	31	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
AUG	Wed	07	Cuppa Chat	Lodge from 1030 Hrs
AUG	Wed	07	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs

FOR MORE INFORMATION:

CHECK ADVERTISING ON THE WEBSITE, THE LODGE NOTICEBOARD, AND CLIPBOARDS,
AND IN OTHER PAGES OF CHESTS OUT PLUS DETAILS CONTAINED IN THE MINUTES





Sheryl, Ken, Con, Faye, Lee



Sharon, Angella, Bill, Jenny, Leone, Gloria, Sheona



Dot, Shelagh, Glenda, Kerry, Jeannie, Glenda, Shirley

Commemorations

MAY

anniversaries/significant events

- 08 May 1945 VE (Victory in Europe) Day
- 14 May 1943 Sinking of hospital ship AHS Centaur
- 27 May Indigenous Veterans Day



MEMBERS REMEMBER RATS

Shirley Parker represents our association at the Rats of Tobruk commemoration Service Sunday 14 April. Shirley is pictured here with president RAAF Association Bundaberg, Michael Walker.

Members also attending were Shirley Watson, Helen Baldwin and Helen Blackburn (Bundaberg Mayor). The 2 Helens are pictured with Bundaberg RSL Sub Branch president, Luke Harding.



2024 Quiet Time

Roll Call April 2023 - April 2024

- Lorna Crosswell nee Mittelheuser
- Elizabeth Dawson nee Thaxton
- Margaret Findlay nee Gallagher
- Thelma Spratley nee Seenev

Salute To Servicewomen



Lions
Remembrance Park
Monday 22 April



Our members' post WWII defence contribution to Australia



NURSERY RHYME *updated*

*Humpty Dumpty sat on a wall,
Humpty Dumpty had
a great fall.
All the kings' horses,
And all the kings'
men.
Had scrambled eggs,
For breakfast again.*



Courtroom Talk

These are from a book called Disorder in the Court. These are things people actually said in court, word for word, taken down and now published by court reporters - who had the torment of staying calm while these exchanges were actually taking place.

Q: What is your date of birth? A: July fifteenth. Q: What year? A: Every year.

Q: What gear were you in at the moment of the impact? A: Gucci sweats and Reeboks.

Q: This myasthenia gravis, does it affect your memory at all? A: Yes. Q: And in what ways does it affect your memory? A: I forget. Q: You forget. Can you give us an example of something that you've forgotten?

Q: How old is your son, the one living with you? A: Thirty-eight or thirty-five, I can't remember which. Q: How long has he lived with you? A: Forty-five years.

Q: What was the first thing your husband said to you when he woke up that morning? A: He said, "Where am I, Cathy?" Q: And why did that upset you? A: My name is Susan.

Q: Now doctor, isn't it true that when a person dies in his sleep, he doesn't know about it until the next morning?

Q: The youngest son, the twenty-year old, how old is he?

Q: Were you present at the time your picture was taken?

Q: So the date of conception (of the baby) was August 8th? A: Yes. Q: And what were you doing at that time?

Q: She had three children, right? A: Yes. Q: How many were boys? A: None. Q: Were there any girls?

Q: How was your first marriage terminated? A: By death. Q: And by whose death was it terminated?

Q: Can you describe the individual? A: He was about medium height and had a beard. Q: Was this a male, or a female?

Q: Is your appearance here this morning pursuant to a deposition notice which I sent to your attorney? A: No, this is how I always dress when I go to work.

Q: Doctor, how many autopsies have you performed on dead people? A: All my autopsies are performed on dead people.

Q: All your responses must be oral, OK? What school did you go to? A: Oral.

Q: Do you recall the time that you examined the body? A: The autopsy started around 8:30 p.m. Q: And Mr. Dennington was dead at the time? A: No, he was sitting on the table wondering why I was doing an autopsy on him.

Q: Are you qualified to give a urine sample?

Q: Doctor, before you performed the autopsy, did you check for a pulse? A: No. Q: Did you check for blood pressure? A: No. Q: Did you check for breathing? A: No. Q: So, then it is possible that the patient was alive when you began the autopsy? A: No. Q: How can you be so sure, Doctor? A: Because his brain was sitting on my desk in a jar. Q: But could the patient have still been alive, never the less? A: Not unless he was out practicing law somewhere.

SMILE

GANG VIOLENCE HAS TO STOP 🙏🙏



Why is there a 'D' in fridge, but not in refrigerator?

CONTACTS

RSL
EMERGENCY 134RSL (134775)

Bundaberg RSL:
ADVOCATE APPOINTMENTS
4330 3166

VSC Tue-Fri 0900-1300
Lex Roberts
SECTY 0477 959 747
RSL bldg. Mon-Fri 0830-1500
Dannielle Brearley

ACTIVITIES 0418 1343
VSC Mon, Wed, Fri 0900-1300
Jan Rimmington

RSL QLD
POC Natalie Drake
natalie.drake@rslqld.org

LEGACY
WELLBEING Rudy Valzan
0418 452 059

Defence Vets Drop In Centre:
4153 4599

Open Mon & Thu mornings,
ESO BBQ's lunchtime 1st Sunday

WELLBEING
Jude Binder, Angella Hillis CSC

DVA
1800 555 254
Advice and claims
1800 838 372

Open Arms—
Veterans & Families
Counselling
1800 011 046

Safe Zone 24/7
1800 142 072

Lifeline 24/7
13 11 14
www.lifeline.org.au

ADF Health & Wellbeing Portal
www.defence.gov.au/health/
healthportal

Defence Family Helpline 24/7
1800 624 608
www.defence.gov.au/DCO/
Defence-Helpline.asp

Health Direct 1800 022 222
Poisons Information 13 11 26

BIRTHDAYS

.....
MAY

Shirley Watson	02
Meg Stegman	04
Carolyn Kennedy	15
Glenda Taylor	17
Jude Binder	18
Kaye Clark	25
Olive Paterson	27

Happy Birthday!



HAVE YOU BOOKED?

Check

the clipboards;
the notice board;
CO pages 6 and 7; and the
Website!!

Have you secured your
booking with payment?

**We have members who can
assist you.....**

**GET YOUR SERVICE
RECORDS**
See Angella

Commissioner for
Declarations—Leone
(by prior arrangement)

**CHECK PAGES 6 & 7
FOR RSVP DATES
FOR ACTIVITIES.
DON'T RISK
MISSING OUT**



Acknowledgement: Thank you to the Bundaberg RSL Sub Branch for printing file and limited hard copies for non-electronic members.